

Table 1. Patient background, tumor factors, surgical outcomes, and status at 1-year follow-up.

Patient	Age, years	Mean ± SD	68.8 ± 10.6	Surgery	Institutional experience, cases	Median (IQR)	23 (10-52)
	Sex	Male / Female	387 / 122		Lymph node dissection	D0, D1 / D1+ / 2 / Unk	70 / 425 / 3 / 11
	BMI, kg/m ²	Mean ± SD	23.0 ± 3.3		Operation time, min	Median (IQR)	301 (250-374)
	PNI	Mean ± SD	50.6 ± 6.0		Blood loss, mL	Median (IQR)	250 (110-400)
	Disease	GC / EGJ cancer	473 / 36		Preservation of celiac branch nerve	Preserved / Not preserved / Unk	226 / 235 / 48
Tumor	Pathological T factor (pT)	1 / 2 / 3 / 4 / Unk	388 / 66 / 34 / 13 / 8	Preservation of hepatic branch nerve	Preserved / Not preserved / Unk	353 / 93 / 63	
	Pathological N factor (pN)	0 / 1 / 2 / 3 / Unk	443 / 34 / 18 / 6 / 8	Approach	Open / Lap	315 / 194	
	Histology	Dif / Undif / Unk	375 / 122 / 12	Location of anastomosis	Intra-abdomen / Mediastinum, Intra-thorax	471 / 38	
				Postoperative complications (CD grade)	None / I / II / III / IV / V	448 / 14 / 33 / 12 / 0 / 2	
At 1-year follow-up	BMI change, %	Mean ± SD	88.6 ± 7.7	Anastomosis-related complications	Absence / Presence	472 / 37	
	PNI change, %	Mean ± SD	98.1 ± 12.1	Postoperative length of hospital stay, days	Median (IQR)	15 (13-21)	
	PPI, H2 blocker	Used / Unused / Unk	99 / 307 / 103				
	Reflux esophagitis (LA grade)	None / A / B / C / D / Unk	388 / 21 / 19 / 5 / 2 / 74				

SD, standard deviation; BMI, body mass index; PNI, prognostic nutritional index; GC, gastric cancer; EGJ, esophagogastric junction; Unk, unknown; Dif, differentiated; Undif, undifferentiated; IQR, interquartile range; CD, Clavien-Dindo classification; PPI, proton pump inhibitor; LA, Los Angeles classification.

Table 2. Univariate and multivariate analyses of prognostic factors.

		Univariate	Multivariate		
		<i>p</i> value	<i>p</i> value	HR	95% CI
Patient	Age (≥ 80 years)	<0.001	0.542		
	Sex (Male)	0.696			
	BMI (<22)	0.271			
	PNI (<45)	<0.001	<0.001	3.59	1.93-6.67
Tumor	pT (≥ 2)	<0.001	0.010	2.29	1.22-4.30
	pN (≥ 1)	<0.001	0.001	3.27	1.66-6.46
Surgery	Histology (Dif)	0.059			
	Institutional experience (<6 cases)	0.213			
	Lymph node dissection (D0, D1)	0.004	0.222		
	Operation time (≥ 300 min)	0.573			
	Blood loss (≥ 200 mL)	0.290			
	Celiac blanch nerve (Not preserved)	0.095			
	Hepatic blanch nerve (Not preserved)	0.178			
	Approach (Open)	0.069			
	Anastomosis location (Mediastinum, Intra-thorax)	0.394			
	Postoperative complications (CD grade \geq III)	0.081			
	Anastomosis-related complications (Presence)	0.189			
	Postoperative hospital stay (≥ 14 days)	0.695			
	At 1-year follow-up	PPI, H2 blocker (Used)	0.218		
Reflux esophagitis (LA grade \geq B)		0.780			

BMI, body mass index; PNI, prognostic nutritional index; Dif, differentiated; CD, Clavien-Dindo classification; PPI, proton pump inhibitor; LA, Los Angeles classification; HR, hazard ratio; CI, confidence interval.

Table 3. Univariate and multivariate analyses of prognostic factors in patients with preoperative PNI <45.

		Univariate	Multivariate		
		<i>p</i> value	<i>p</i> value	HR	95% CI
Patient	Age (≥ 80 years)	0.119			
	Sex (Male)	0.606			
	BMI (<22)	0.037	0.714		
Tumor	pT (≥ 2)	<0.001	0.068		
	pN (≥ 1)	<0.001	0.085		
	Histology (Dif)	0.066			
Surgery	Institutional experience (<6 cases)	0.296			
	Lymph node dissection (D0, D1)	0.352			
	Operation time (≥ 300 min)	0.302			
	Blood loss (≥ 200 mL)	0.088			
	Celiac branch nerve (Not preserved)	0.426			
	Hepatic branch nerve (Not preserved)	0.880			
	Approach (Open)	0.052			
	Anastomosis location (Mediastinum, Intra-thorax)	0.033	0.458		
	Postoperative complications (CD grade \geq III)	<0.001	0.182		
	Anastomosis-related complications (Presence)	0.220			
	Postoperative hospital stay (≥ 14 days)	0.503			
	BW change (<90%)	0.265			
	At 1-year follow-up	PNI change (<100%)	0.013	0.633	
PPI, H2 blocker (Used)		0.765			
Reflux esophagitis (LA grade \geq B)		0.778			

BMI, body mass index; Dif, differentiated; CD, Clavien-Dindo classification; BW, body weight; PNI, prognostic nutritional index; PPI, proton pump inhibitor;

LA, Los Angeles classification; HR, hazard ratio; CI, confidence interval.

Table 4. Univariate and multivariate analyses of prognostic factors in patients with preoperative PNI ≥ 45 .

		Univariate	Multivariate		
		<i>p</i> value	<i>p</i> value	HR	95% CI
Patient	Age (≥ 80 years)	0.118			
	Sex (Male)	0.846			
	BMI (< 22)	0.759			
Tumor	pT (≥ 2)	0.003	0.451		
	pN (≥ 1)	< 0.001	0.132		
Surgery	Histology (Dif)	0.870			
	Institutional experience (< 6 cases)	0.395			
	Lymph node dissection (D0, D1)	0.300			
	Operation time (≥ 300 min)	0.333			
	Blood loss (≥ 200 mL)	0.828			
	Celiac branch nerve (Not preserved)	0.202			
	Hepatic branch nerve (Not preserved)	0.766			
	Approach (Open)	0.827			
	Anastomosis location (Mediastinum, Intra-thorax)	0.952			
	Postoperative complications (CD grade $\geq III$)	0.936			
	Anastomosis-related complications (Presence)	0.460			
	Postoperative hospital stay (≥ 14 days)	0.082			
	BW change ($< 90\%$)	0.117			
	PNI change ($< 90\%$)	0.004	0.019	2.54	1.16-5.54
	At 1-year follow-up	PPI, H2 blocker (Used)	0.303		
	Reflux esophagitis (LA grade $\geq B$)	0.584			

BMI, body mass index; Dif, differentiated; CD, Clavien-Dindo classification; BW, body weight; PNI, prognostic nutritional index; PPI, proton pump inhibitor; LA, Los Angeles classification; HR, hazard ratio; CI, confidence interval.

Table 5. Univariate and multivariate analyses of risk factors for decrease in PNI $\geq 10\%$ in patients with preoperative PNI ≥ 45 .

		Univariate	Multivariate			
		<i>p</i> value	<i>p</i> value	OR	95% CI	
Patient	Age (≥ 80 years)	0.634				
	Sex (Male)	0.749				
	BMI (< 22)	0.577				
Tumor	pT (≥ 2)	0.122				
	pN (≥ 1)	0.040	0.038	2.50	1.05-5.96	
	Histology (Dif)	0.745				
	Institutional experience (< 6 cases)	0.695				
Surgery	Lymph node dissection (D0, D1)	0.663				
	Operation time (≥ 300 min)	0.018	0.044	1.77	1.02-3.08	
	Blood loss (≥ 200 mL)	0.037	0.029	1.85	1.06-3.27	
	Celiac blanch nerve (Not preserved)	0.773				
	Hepatic blanch nerve (Not preserved)	0.840				
	Approach (Open)	0.297				
	Anastomosis location (Mediastinum, Intra-thorax)	1.000				
	Postoperative complications (CD grade $\geq III$)	0.690				
	Anastomosis-related complications (Presence)	0.639				
	Postoperative hospital stay (≥ 14 days)	0.887				
	At 1-year follow-up	BW change ($< 90\%$)	0.386			
		PPI, H2 blocker (Used)	0.500			
		Reflux esophagitis (LA grade $\geq B$)	1.000			

BMI, body mass index; Dif, differentiated; CD, Clavien-Dindo classification; BW, body weight; LA, Los Angeles classification; OR, odds ratio; CI, confidence interval.