

59 **Abstract**

60 Acute exacerbation of idiopathic pulmonary fibrosis has a poor prognosis
61 associated with neutrophilic inflammation. Interleukin-23 is a proinflammatory cytokine
62 involved in neutrophilic inflammation. However, little is known about its role in acute
63 exacerbation of pulmonary fibrosis. This study was performed to determine the role of
64 interleukin-23 in acute exacerbation of pulmonary fibrosis. For assessment of acute
65 exacerbation of pulmonary fibrosis, mice were intratracheally administered bleomycin
66 followed by lipopolysaccharide. Inflammatory cells, cytokine levels, and morphological
67 morphometry of the lungs were analyzed. Cytokine levels were measured in the
68 bronchoalveolar lavage fluid of idiopathic pulmonary fibrosis patients with or without
69 acute exacerbation. Interleukin-23, -17A, and -22 levels were increased in the airway of
70 mice with acute exacerbation of pulmonary fibrosis. Interleukin-23p19-deficient mice
71 with acute exacerbation of pulmonary fibrosis had markedly reduced airway
72 inflammation and fibrosis associated with decreased levels of interleukin-17A and -22
73 compared with wild-type mice. Treatment with an anti-interleukin-23 antibody
74 attenuated airway inflammation and fibrosis and reduced interleukin-17A and -22 levels
75 in mice with acute exacerbation of pulmonary fibrosis. T helper 17 cells were the
76 predominant source of interleukin-17A in mice with acute exacerbation of pulmonary

77 fibrosis. Interleukin-23 levels in bronchoalveolar lavage fluid tended to be higher in
78 idiopathic pulmonary fibrosis patients with than without acute exacerbation. The data
79 presented here suggest that interleukin-23 is essential for the development of acute
80 exacerbation of pulmonary fibrosis, and that blockade of interleukin-23 may be a new
81 therapeutic strategy for acute exacerbation of pulmonary fibrosis.

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83 **Keywords:** idiopathic pulmonary fibrosis, lipopolysaccharide, T-helper type 17 cells,
84 innate lymphoid cells

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