	Total study population (n = 91)
Gender (male/female)	23/68
Age (years)	63.3 ± 8.8
Height (m)	1.57 ± 0.09
Weight (kg)	64.8 ± 14.4
Body mass index (kg/m²)	25.7 ± 3.6
Femorotibial angle (°)	177.1 ± 1.9
Kellgren-Lawrence grade (0/1/2/3/4)	0/35/56/0/0
Duration from injury to operation (days)	80.2 ± 61.9

³ 4 5

Continuous data are presented as mean \pm standard deviation Categorical data are presented as number

	Tibial external rotation < 0.69° (n = 51)	Tibial external rotation $\geq 0.69^{\circ} (n = 40)$	p-value
Gender (male/female)	13/38	10/30	n.s. ^a
Age (years)	62.4 ± 8.1	65.0 ± 7.0	n.s.
Height (m)	1.58 ± 0.1	1.57 ± 0.1	n.s.
Weight (kg)	63.1 ± 10.8	67.2 ± 16.4	n.s.
Body mass index (kg/m ²)	25.9 ± 3.1	25.7 ± 2.9	n.s.
Femorotibial angle (°)	177.2 ± 1.6	177.0 ± 3.1	n.s.
Kellgren-Lawrence grade (0/1/2/3/4)	0/19/32/0/0	0/16/24/0/0	n.s.
Duration from injury to surgery (days)	78.6 ± 67.3	82.3 ± 54.6	n.s.
Tibial external rotation (°)	-2.3 ± 2.6	3.4 ± 2.0	< 0.001*
Meniscal healing score (points)	7.2 ± 1.6	6.1 ± 1.5	< 0.001*

Continuous data are presented as mean \pm standard deviation, categorical data are presented as number Meniscal healing score at second-look arthroscopy (total, 10 points) n.s., not significant. *p < 0.05. a Fisher's exact test

	Tibial external rotation < 0.69° (n = 51)	Tibial external rotation ≥ 0.69° (n = 40)	p-value
IKDC score			
Preoperative score	37.4 ± 15.2	33.9 ± 16.4	n.s.
Postoperative score	69.0 ± 16.3	61.5 ± 15.3	0.019*
KOOS- Pain			
Preoperative score	55.6 ± 20.6	54.3 ± 20.0	n.s.
Postoperative score	86.3 ± 13.1	81.6 ± 14.8	n.s.
KOOS- Symptoms			
Preoperative score	62.8 ± 20.8	61.8 ± 20.1	n.s.
Postoperative score	82.3 ± 14.7	77.0 ± 16.5	n.s.
KOOS- ADL			
Preoperative score	64.3 ± 19.8	65.2 ± 19.0	n.s.
Postoperative score	88.9 ± 13.0	84.4 ± 13.4	0.048*
KOOS- Sport/Rec			
Preoperative score	22.5 ± 22.0	26.7 ± 25.6	n.s.
Postoperative score	60.7 ± 29.4	49.2 ± 28.9	n.s.
KOOS- QOL			
Preoperative score	27.5 ± 16.4	27.9 ± 19.8	n.s.
Postoperative score	68.2 ± 20.0	59.8 ± 22.3	0.031*

Continuous data are presented as mean \pm standard deviation, categorical data are presented as number IKDC, International Knee Documentation Committee. KOOS, Knee Injury and Osteoarthritis Outcome Score. ADL, activities of daily living. Sport/Rec, sport and recreation function. QOL, knee-related quality of life. n.s., not significant. *p < 0.05