

Fig. 1

Target blood pressure: 140/90 mmHg (patients with CKD,DM,CI : 130/80 mmHg)

Assign randomly

Trial period : 16 weeks

Measurement of home blood pressure

Not achieve the target blood pressure level for three month or more

4-8w

16w

Olmесartan 40mg/day

Olmесartan 20mg/day

Azilsartan 20mg/day

Azilsartan 40mg/day

Treatment with conventional ARBs

Informed consent
Measurement of office blood pressure
Blood and urine sampling

Measurement of office blood pressure
Increase the dosage of ARB if necessary

Measurement of office blood pressure
Blood and urine sampling

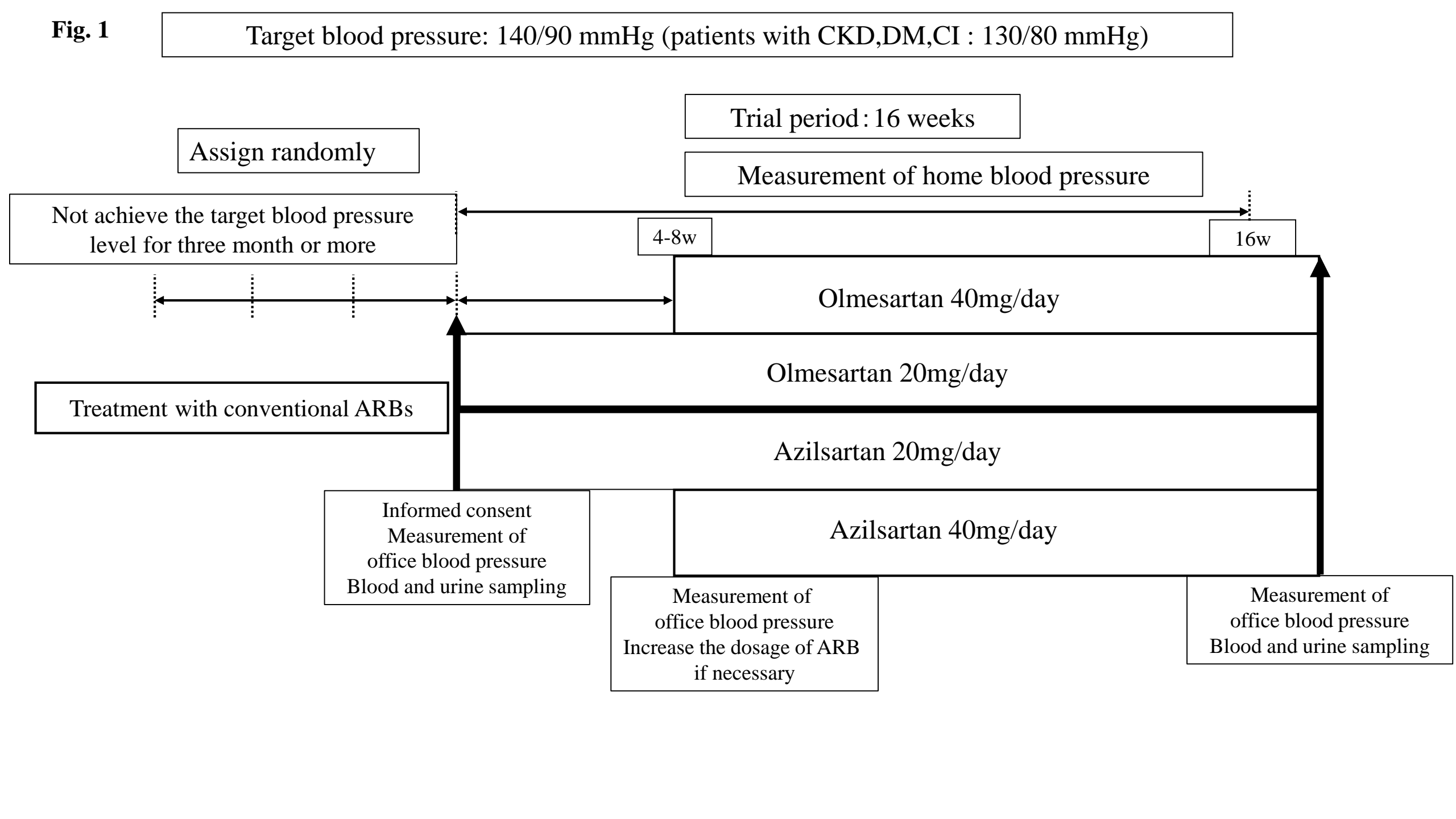
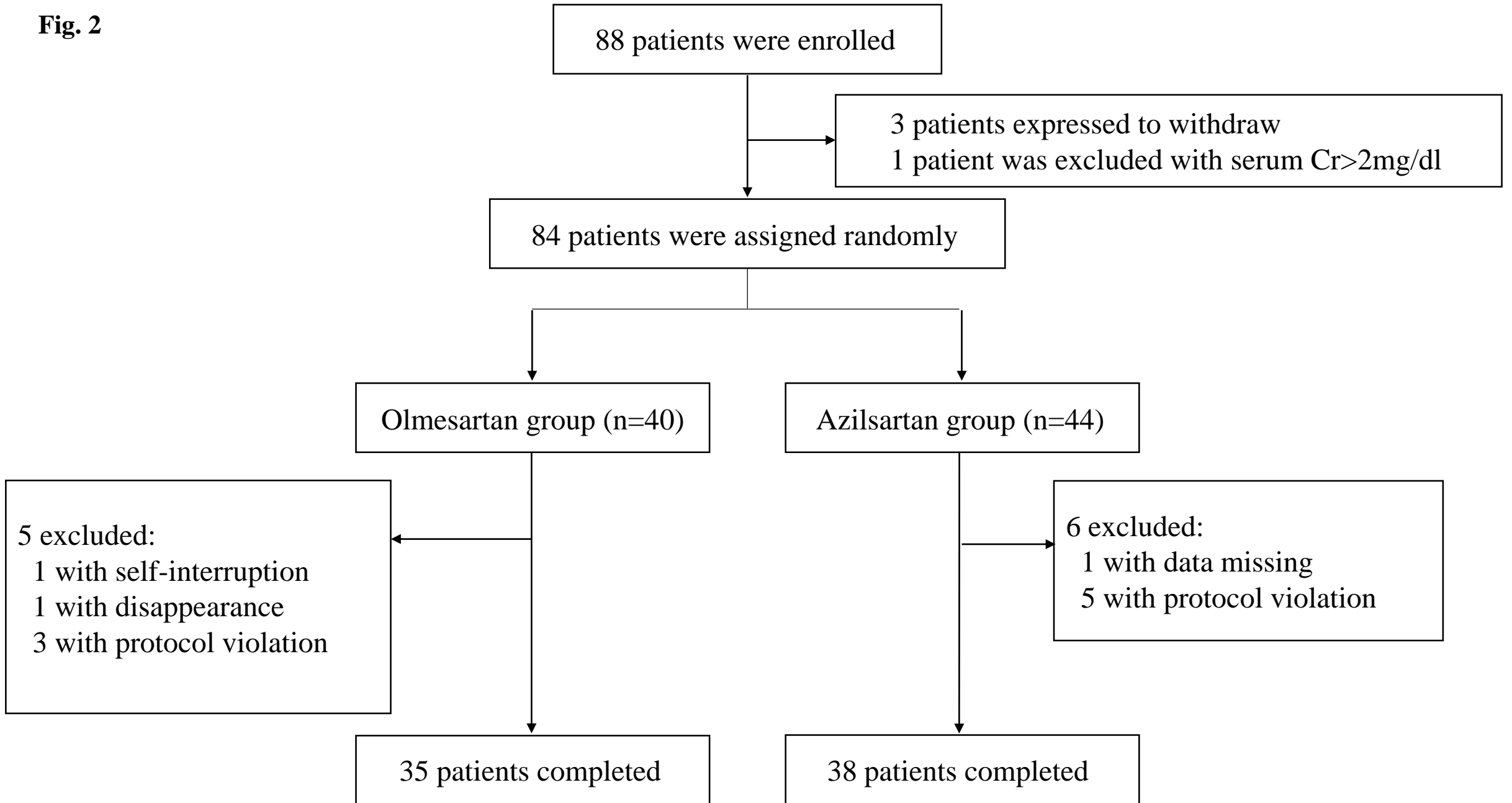


Fig. 2



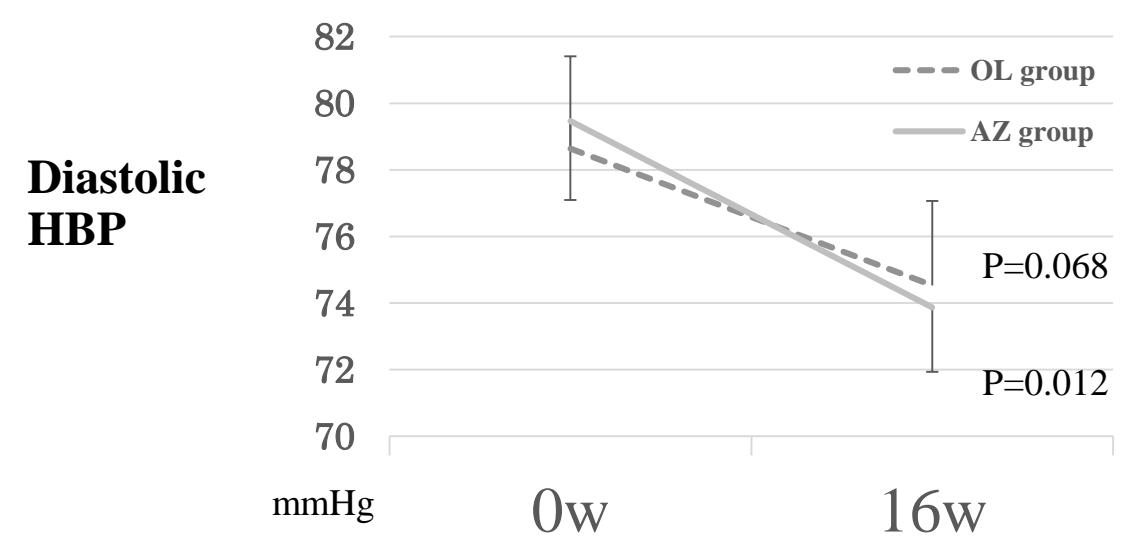
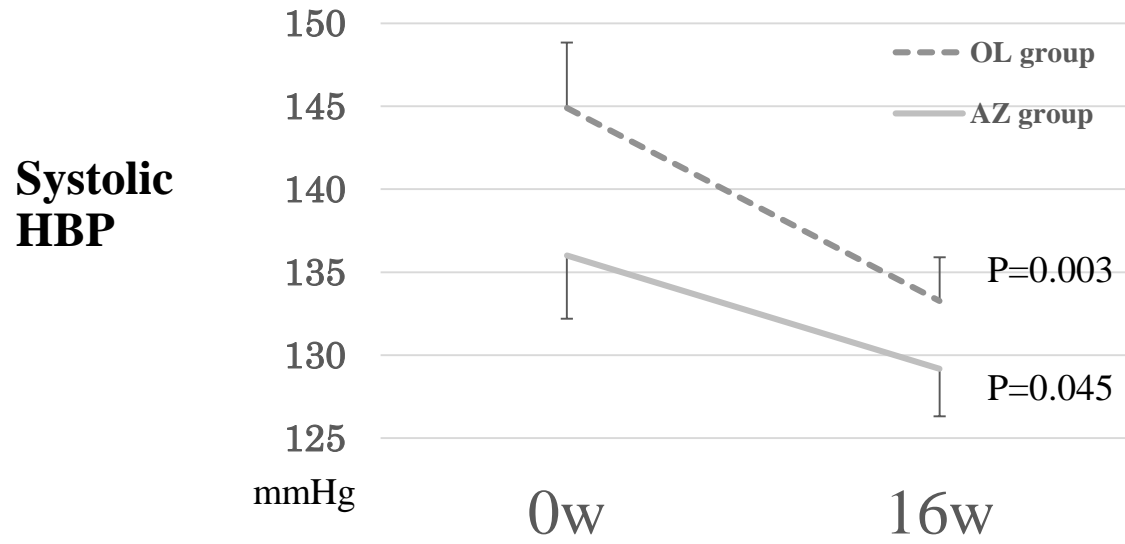
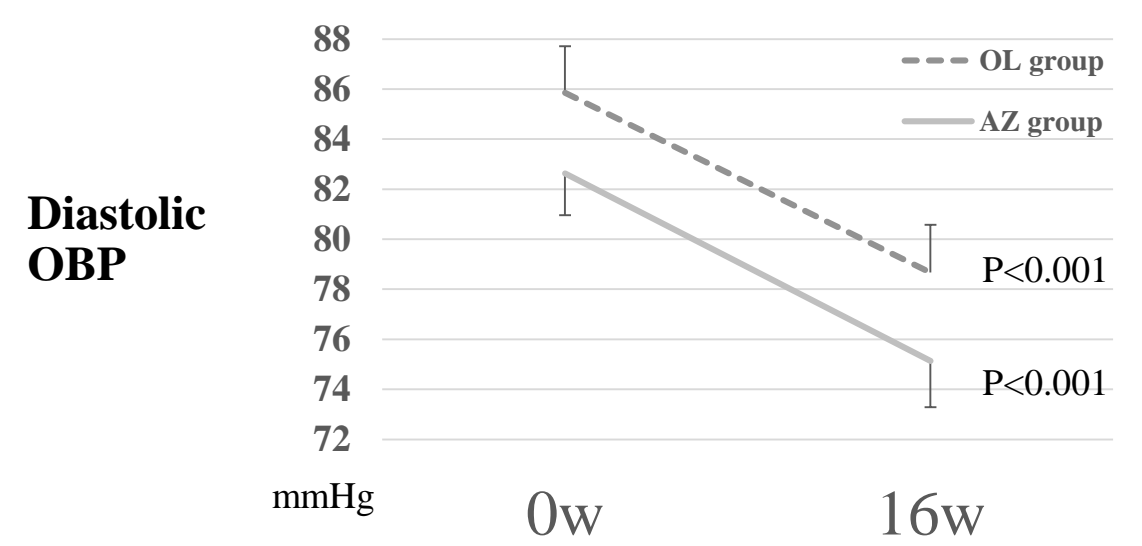
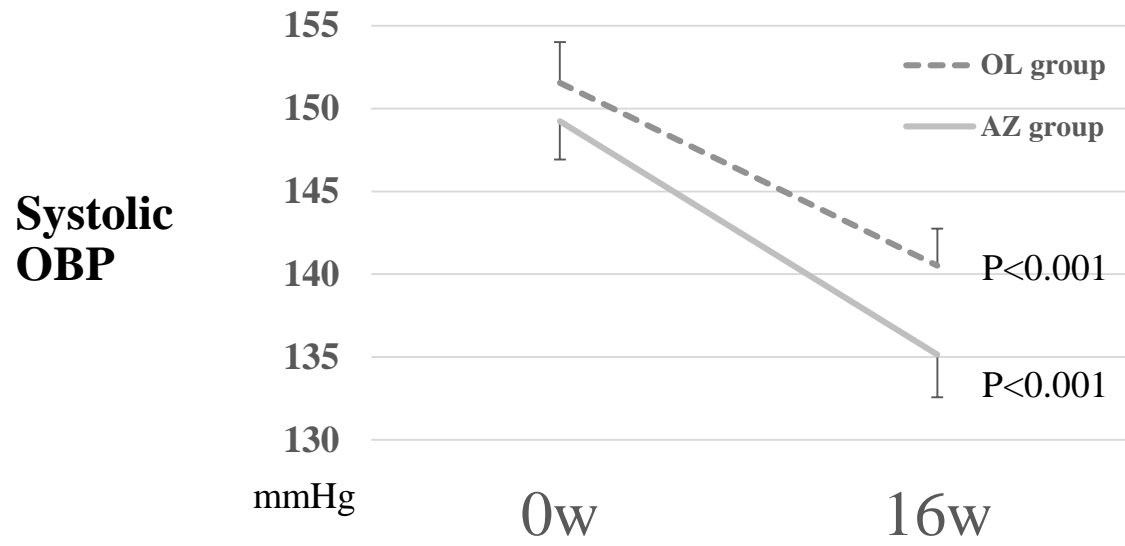


Fig. 3 Blood pressure changes after 16 week treatment with olmesartan or azilsartan.

Supplemental Digital Content. 1

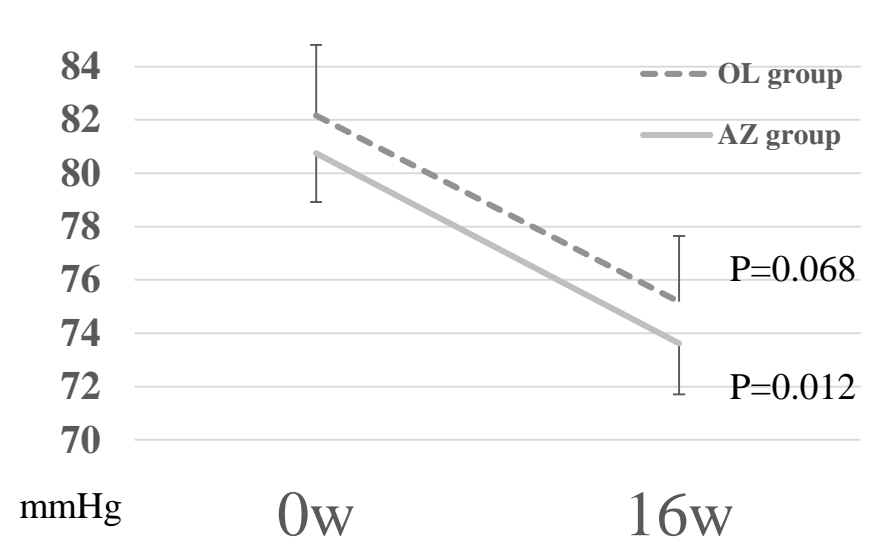
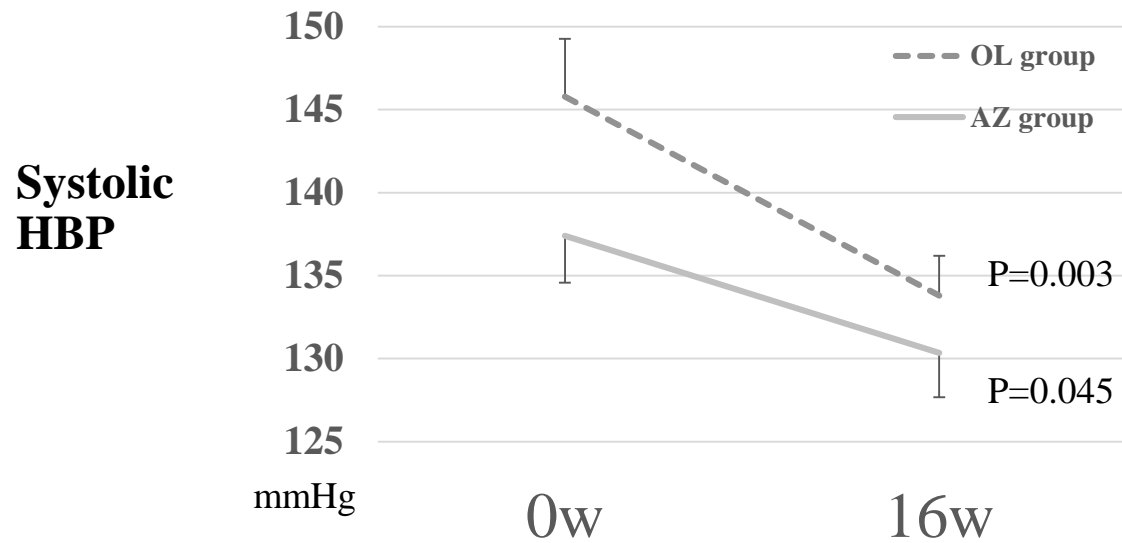
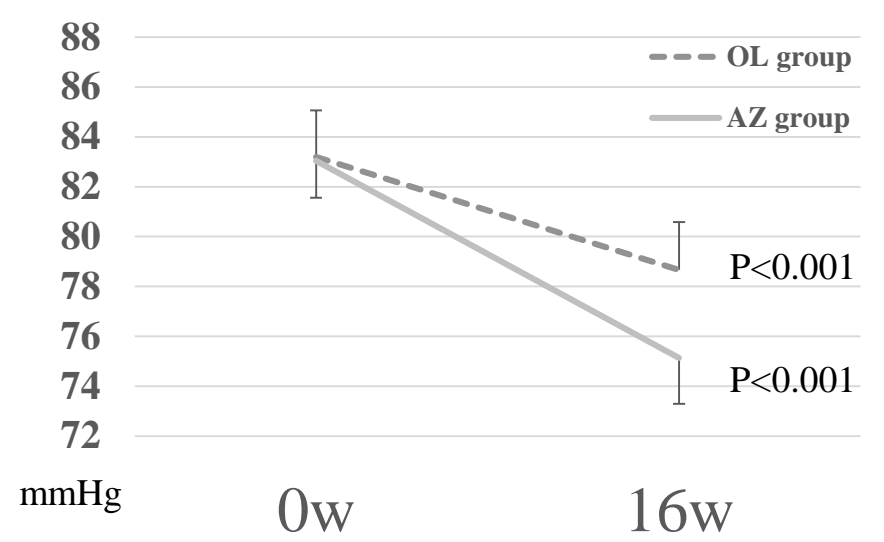
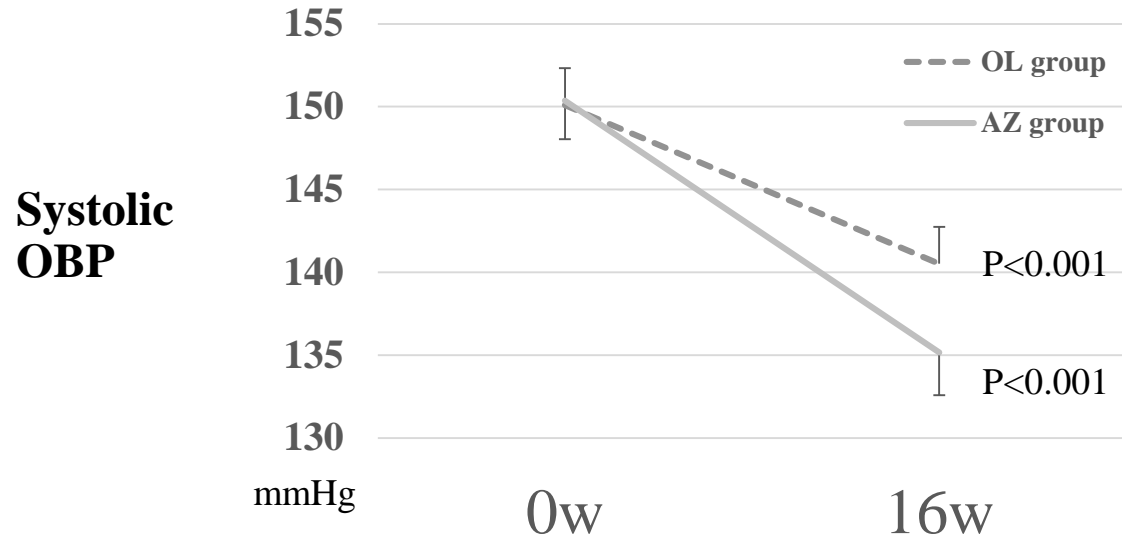


Table 1 The baseline clinical characteristics of each group

	OL group (n=40)	AZ group (n=44)	p
Age, years	66.6 ± 11.8	68.7 ± 10.1	0.373
Sex (male), n (%)	18 (45%)	22 (50%)	0.668
Body mass index, (kg/m ²)	25.9 ± 3.9	25.2 ± 3.3	0.396
Smoking (%)	66.7	71.4	0.794
Systolic OBP(mmHg)	150.1 ± 14.1	150.4 ± 15.4	0.935
Diastolic OBP(mmHg)	83.2 ± 11.8	83.0 ± 9.8	0.948
Systolic HBP(mmHg)	145.8 ± 17.0	137.4 ± 13.5	0.068
Diastolic HBP(mmHg)	82.2 ± 12.5	80.8 ± 8.6	0.663
Prevalence of complications			
Diabetes mellitus, n (%)	19 (47.5%)	19 (43.2%)	0.827
Dyslipidemia, n (%)	22 (55%)	20 (45.4%)	0.512
Renal dysfunction, n (%)	9 (22.5%)	8 (18.2%)	0.786
Liver dysfunction, n (%)	6 (15.0%)	3 (6.8%)	0.298
Myocardial infarction, n (%)	2 (5.0%)	3 (7.5%)	1.000
Angina pectoris, n (%)	4 (10%)	4 (9.1%)	1.000
Cerebral infarction, n (%)	3 (7.5%)	2 (4.5%)	0.665
Cerebral hemorrhage, n (%)	1 (2.5%)	0 (0%)	1.000
Pre use of ARB			
Candesartan, n (%)	12 (30.0%)	14 (31.8%)	1.000
Valsartan, n (%)	11 (27.5%)	7 (15.9%)	0.287
Losartan, n (%)	8 (20.0%)	10 (22.7%)	0.796
Telmisartan, n (%)	9 (22.5%)	9 (20.5%)	1.000
Irbesartan, n (%)	0 (0%)	4 (9.1%)	0.117

P values were obtained by t-test for the parameters of age and body mass index.

For the others, *P* values were obtained by Fisher Exact test.

ARB; angiotensin II receptor blocker, OL; olmesartan, AZ; azilsartan, OBP; office blood pressure, HBP; home blood pressure

Table 2 Baseline parameters and their Changes after 16-week treatment with Olmesartan or Azilsartan.

	OL group (n=40)			AZ group (n=44)		
	Baseline	16 weeks	p	Baseline	16 weeks	p
Dosage of ARB (mg/day)	20.3 ± 3.6	23.1 ± 8.0	0.023*	20.5 ± 3.0	23.2 ± 7.5	0.012*
PR (/min)	76.0 ± 12.1	73.8 ± 12.8	0.453	75.6 ± 13.8	75.7 ± 12.9	0.929
K (mmol/L)	4.4 ± 0.4	4.2 ± 0.4	0.017*	4.3 ± 0.4	4.3 ± 0.4	0.622
Cr (mg/dL)	0.8 ± 0.3	0.8 ± 0.3	0.484	0.8 ± 0.2	0.8 ± 0.2	0.033*
eGFR (mL/min)	68.6 ± 18.1	67.0 ± 18.8	0.605	68.6 ± 16.8	65.5 ± 16.5	0.022*
T-Chol (mg/dL)	193.4 ± 47.5	197.4 ± 80.5	0.753	187.7 ± 49.0	185.5 ± 42.2	0.784
LDL-C (mg/dL)	104.2 ± 30.2	104.5 ± 23.8	0.640	111.5 ± 27.7	110.2 ± 27.4	0.309
HDL-C (mg/dL)	61.4 ± 15.6	57.7 ± 12.6	0.083	61.1 ± 23.3	58.9 ± 21.9	0.001**
HbA1c (%)	6.1 ± 0.8	6.1 ± 0.8	0.132	6.0 ± 0.7	6.11 ± 0.8	0.867
BNP (pg/mL)	37.7 ± 48.6	37.6 ± 43.3	0.067	30.2 ± 27.0	32.0 ± 31.6	0.971
sFlt-1 (pg/mL)	72.9 ± 9.3	69.4 ± 9.6	0.034*	74.7 ± 12.9	74.2 ± 12.8	0.182
U-Alb (mg/gCr)	114.0 ± 239.6	133.1 ± 316.5	0.642	211.5 ± 512.2	137.1 ± 384.4	0.047*
U-L-FABP (ug/gCr)	11.2 ± 12.7	4.9 ± 4.0	0.019*	8.8 ± 7.4	7.56 ± 12.1	0.547

OL:olmesartan, AZ: azilsartan, ARB: angiotensin receptor blocker, PR: pulse rate, K: serum potassium concentration, Cr: serum creatinine concentration, eGFR: estimated glomerular filtration rate, T-chol: total cholesterol concentration, LDL-C: low density lipoprotein cholesterol concentration, HDL-C: high density lipoprotein cholesterol concentration, HbA1c: hemoglobin A1c, BNP: brain natriuretic peptide, sFlt-1: soluble fms-like tyrosine kinase-1, U-Alb: urinary Albumin/Creatinine ratio , U-L-FABP: urinary L-type fatty acid-binding protein/Creatinine ratio *P < 0.05, **P < 0.01.